

# Team Training: The cooperative climbing event

A visit to a high wire garden is currently considered a common recreational pastime. BergWerk.Berlin offers your employees and colleagues a one time experience on an “underground“ high ropes course regardless of weather and time of year. First the cooperation and communication of your team will be tested on the ground before then heading over to climb with sensory deprivation equipment like blindfolds and boxing gloves etc. Only by working together and helping each other as a team will you be able to overcome the challenge and reach your goal at the end of every route. The emphasis is on safety, fun while climbing and a team spirit!



## Duration

**Approximately 2,5 - 3 hours**

Program details depend on objective and size of the group

## Group size

**10 - 30 people**

In case of larger groups please request an additional program

## Prices\*

**Groups of 10 and more € 59 p.p.**

Rates are valid from Monday to Thursday  
Fridays additional €10 p.p.

Included: Safety equipment, climbing gloves, hygienic head cap, box, certificate, soft drink, safety induction and guidance by an experienced instructor, free-fall jump

Opt.: crate climbing or abseiling additional €5 p.p.

Catering & hosting for function upon enquiry

\*exclusive of VAT

## Main focuses

Cooperative problem solving

Sensory deprivation climbing (see, hear and feel nothing)

Build team communication and trust

Play different team roles (lead and be led)

A fun and adventurous team experience

## Sequence of events

**The team event is divided into three Modules:**

First participants will undertake a teamwork exercise on the ground or also on the slack line which requires communication skills, strategical thinking and mutual trust from everyone.

Once equipped, the teams then head out onto the climbing routes and climbers will be separated into groups which will be expertly watched over by our instructors to ensure safety for everyone. Herein lie challenges to pass, which call only be overcome by working as a team. Climbing with handicaps (blind, deaf, dumb, limited sense of touch) requires specific communication and the ability to be led also to lead. Fun and excitement are guaranteed, wherein safety always takes the highest priority.

The last module consists of participants climbing the whole course by themselves with their new-found climbing skills. Even our via ferrata ALPINISTA and the 12m high FREEFALL. Upon request, crate climbing and abseiling each other are also possible.

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